



SLS Trainings, Institutes, Workshops, Camps and Conferences

Workshops & Trainings range from 1 hour to 3 Days

SLS has provided skill-based prevention training since 1982, offering a wide range of workshops to support students and schools. Below is a sample of available topics. If you need a specific training or workshop, please contact SLS so they can help meet your students' needs.

Accepting & Giving Feedback (Criticism)	Leadership Institute (3-Days)
Action Planning	Leadership Styles
Adolescent Development	Learning Styles
Appreciation + Empathy=Snoopy (The Friend We All Need)	Listening and Communication
Assertiveness	Marketing Your Group
Asset Based Community Projects (Service Learning)	Membership Recruitment
Asset Building (40 Developmental Assets)	Officer Training (Leadership Board Training)
Breaking Down Stereotypes	Overcoming Procrastination (Time Management)
Communication Skills	Parent Workshop on Refusal and Communication Skills
Community Awareness and Outreach	Peer Mediation
Conflict Resolution	Peer Resistance and/or Refusal Skills (2-Day Training)
Coping with Stress/Anxiety	Phone FOMO
Creating Traditions=Building Connections	Preventing Teen Dating Violence
Decision Making	Qualities of a Leader
Diversity (Acceptance)	Relationships (Healthy)
Energizing Your Group	Respect, Empathy & Kindness: How Do You Want to Be Remembered?
Fundraising	Safe Driving: A Game-Changing Workshop
Goal Setting for Lasting Change	Safe Social Media
Healthy Choices	Safety Awareness
Healthy Relationships with Glowing Screens	Saying "no" to Peer Pressure
How to Be a Great Advisor	Self-Acceptance (Be You! Do You!)
How to be a Mentor	Spokesperson Training (How to Talk about your Group)
How to Be The Friend I need to Be	Substance Use Education: Awareness, Impact, and Student Action
How to Help a Hurting Friend	Taking Care of Yourself
How to Run a Meeting	Team Building
Human Trafficking Awareness: Recognize, Resist, Respond	Tobacco & Vaping Education: Clearing the Air
Importance of Gratitude and Expressing Thanks	True vs. False Friends
Leadership - How to Recognize Leadership Opportunities	Understanding Mental Health and My Responsibilities "A Stronger You"
Leadership Characteristics & Etiquette	Understanding Student Addictions: Awareness, Empathy, and Action

Specific Advisor Trainings (Professional Development Trainings)

Nuts and Bolts Health and Safety Prevention
 How to Run an Effective Student Organization
 Understanding Student Addictions and Validating Their Environment
Cost ranges from per person to daily to rate.

Contact SLS at 248-706-0757 or dmf@SLStoday.org to inquire cost for specific trainings/workshops.

Specific Curricula offered by SLS

Botvin LifeSkills Training (Elementary, Middle School, and High School Levels-8-18 Sessions based on level)
 Guiding Good Choices (Parent Program-5 Sessions)
 Prime For Life (Understanding Addictions-8 Sessions)

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